



Cafeteria Manager, Debbie Mitchell

We're trying new recipes! Give us a try!



Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

This institution is an equal opportunity provider.



Monday

Tuesday

Wednesday

Thursday

Friday

Pizza bites w/ marinara **3**
Salad
Sweet Potato Tots
Fruit
Choice of Milk

Chicken bites **4**
Green beans
Mashed Potatoes
Roll
Fruit
Choice of Milk

Cheeseburger **5**
Lettuce/Tomato
Chips
Baked Beans
Fruit
Choice of Milk

Cheese sticks w/ marinara **6**
Corn
Salad
Fruit
Choice of Milk

Chicken Sandwich **7**
French Fries
Lettuce/Tomato
Fruit
Choice of Milk

Ham/Cheese sandwich **10**
Chips
Carrots w/ Ranch dip
Fruit
Choice of Milk

Pizza **11**
Salad
Sweet Potato Tots
Fruit
Choice of Milk

Popcorn Chicken **12**
Vegetable Medley
Green Peas
Roll
Fruit
Choice of Milk

Hotdog **13**
Slaw
Baked Beans
Fruit
Choice of Milk

Chicken Sandwich **14**
French Fries
Lettuce/Tomato
Broccoli w/ Parmesan Cheese
Fruit
Choice of Milk

Corndog **17**
Chips
Baked Beans
Fruit
Choice of Milk

Taco **18**
Refried Beans
Corn
Tomato/Lettuce
Fruit
Choice of Milk

Chicken Nuggets **19**
Blackeye peas
Broccoli w/ cheese
Fruit
Choice of Milk

BBQ Sandwich **20**
Chips
Potato Salad
Slaw
Fruit
Choice of Milk

Chicken Tenders **21**
Green Beans
Cream Potatoes
Roll
Fruit
Choice of Milk

Pizza **24**
Salad
Carrots w/ Ranch Dip
Fruit
Choice of Milk

BBQ Sandwich **25**
Chips
Baked Beans
Slaw
Fruit
Choice of Milk

Chicken Bites **26**
Pinto Beans
Cubed Potatoes
Roll
Fruit
Choice of Milk

Turkey & Cheese Sandwich **27**
Lettuce/Tomato
Salad
Tri-Taters
Fruit
Choice of Milk

Cheeseburger **28**
French Fries
Baked Beans
Fruit
Choice of Milk

Chicken Tenders **31**
Chicken Herb Rice
Green Beans
Glazed Carrots
Fruit
Choice of Milk

